



Resources at City of Refuge UCC

**8400 Enterprise Way
Oakland, CA 94621
www.cityofrefugeucc.org**

ARTS MINISTRY

Refuge Arts Studio is a functioning arts studio with artist-led workshops and a gallery. Our primary mission is to facilitate new artists in our congregation by providing them with reference resources, encouragement and exhibit space. We also provide workshops to help church and community members explore the relationship of art and spirituality. Our biggest ongoing artistic venture is the Community Quilt Project to encourage the families of those who have lost a member to gun violence to make a quilt

When: Second and third Saturdays, Noon to 3 p.m.

Contacts: Emerald O'Leary, 415-252-0165, olearem@yahoo.com
Elaine Shelly, 510-676-0054, elaine_shelly@yahoo.com

COUNSELING

Daphine Lamb-Perrilliat is available and case management.

When: Tuesdays and Thursdays, 2 p.m. to 5 p.m. (by appointment)

Contact: Daphine Lamb-Perrilliat, lambdaphine@ymail.com

For questions contact: Pastor Janice Sommerville, ministerjj@yahoo.com

PASTORAL CARE

Offering emotional support and spiritual care by helping people connect with their own inner and community resources.

When: By Appointment

Contact: Dr. Sylvia Rhue, 510-633-6316 x104 (for appointments)

For questions contact: Pastor Janice Sommerville, ministerjj@yahoo.com

SPIRITUAL DIRECTION/GUIDANCE

Mother Miller provides support and spiritual direction through wisdom, encouragement and discernment.

When: Tuesdays and Thursdays, 11 a.m. to 2 p.m. (by appointment)

Contact: Pastor Janice Sommerville, ministerjj@yahoo.com

WELL-ABLED MINISTRY (WAM)

Support, empower and encourage participants who have experience with visible and invisible physical challenges. WAM is a peer-to-peer facilitated support group whose desire is to address the emotional and spiritual healing of those members whose physical challenges have significant impact on their mental health and well-being.

When: 1st & 3rd Sundays, 11:00 a.m. to 12:30 p.m.

Contact: Min. Karen Lord-Nixon, turtlekay@aol.com

WORD OF MOUTH FOOD PANTRY

The City of Refuge Word of Mouth Food Pantry provides groceries to anyone in need of food. Through the combined efforts of City of Refuge volunteers and the Alameda County Community Food Bank, the Pantry is opened for monthly distribution of fresh produce, meat, can goods and other nutritious foods.

When: 4rd Saturday, 11:00 a.m. to 2:00 p.m. (Open to the general public)

The Panty is opened to the COR congregation on the 2nd Sunday for 1 hour after Sunday service. City of Refuge membership is not required.

Contacts: Darrell Ferrell, 510-228-7786, ferrell_darrell@yahoo.com

Mady Willie, 562-743-2084, madywill@hotmail.com